



Program

Provide cardiopulmonary resuscitation HLTAID001 (Perform CPR)

Cost

Call 1800 633 638 for training costs

Duration

4 Hours

Max Course Size

12

Supervision Ratio

1:12

Unit Competence

HLTAID001

Provide cardiopulmonary resuscitation (CPR)

Upon successful completion of this course you will receive a Nationally Recognised Statement of Attainment for the units of competency listed above

Refresher course is required every 12 months

USI (Unique Student Identifier)

You must have a valid USI to undertake this training. You can apply online at www.usi.gov.au or contact our office for assistance

Dress Code

Neat, casual
No thongs or singlets

Facilities

TCA Partners has free onsite parking. Morning and afternoon tea is provided

Description

This program is designed to provide individuals with the knowledge and skills required to perform Cardiopulmonary Resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines until medical aid arrives.

Course Content

Theory

- The principles of first aid
- DRSABCD Action Plan
- Duty of Care
- Assess vital signs
- CPR techniques
- Infection control
- Recognise the need for CPR

- Understanding the use of an Automated External Defibrillator unit (AED The Chain of Survival)
- Reporting and recording an emergency

Practical

- Perform simulated CPR for 2 minutes
- Use an AED (trainer model)

Prerequisites

There are no specific pre-requisites for this course although learners should ensure they do not suffer from a medical condition which could be aggravated by physical or psychological stress and must be over 18 years of age.

Assessment

The theory assessment consists of multiple choice and short answer questions.

The practical assessment will require Learners to demonstrate the ability to respond to the signs of an unconscious casualty, perform CPR, demonstrate appropriate use of an AED and communicate details of the incident.

Language, Literacy and Numeracy

There are specific language, literacy and numeracy requirements for some of content of this course, to be deemed competent you must be able to:

- Speak clearly and unambiguously in English
- Explain, describe and verify sometimes complex needs and issues

Writing is required to the level of completing workplace forms and producing the required reports.