



## Program

# Provide first aid HLTAID003

### Cost

Call 1800 633 638 for training costs

### Duration

2 Days (16 Hours)

### Max Course Size

12

### Supervision Ratio

1:12

### Unit Competence

#### HLTAID003

Provide first aid

Upon successful completion of this course you will receive a Nationally Recognised Statement of Attainment for the units of competency listed above

A refresher course is required every 3 years (CPR 12 months)

### USI (Unique Student Identifier)

You must have a valid USI to undertake this training. You can apply online at [www.usi.gov.au](http://www.usi.gov.au) or contact our office for assistance

### Dress Code

Neat, casual  
No thongs or singlets

### Facilities

TCA Partners has free onsite parking. Morning and afternoon tea is provided

## Description

This program is designed to provide individuals with the skills and knowledge required to provide first aid, life support, and management of a casualty, manage the incident and other first aiders until the arrival of medical or other assistance.

## Course Content

### Theory

- The principles of first aid
- Basic OHS requirements
- Infection control
- The chain of survival
- First aider skills and limitations
- Use of an Automated External Defibrillator
- Abdominal injuries
- Allergic injuries
- Bleeding and burns
- Cardiac arrest and chest pain
- Casualty with NO signs of life
- Choking and airway obstructions
- Injury to the body

- Bites and stings
- Environmental injuries
- Medical conditions
- Near drowning
- Poisoning and toxic substances
- Respiratory conditions
- Seizures, shock and stroke
- Substance misuse
- Stress management techniques
- Social and legal issues

### Practical

- Perform simulated CPR for 2 minutes (Adult, child and baby)
- Use an AED (trainer model)
- Responding as a first aider in several scenarios

## Prerequisites

There are no specific pre-requisites for this course although learners should ensure they do not suffer from a medical condition which could be aggravated by physical or psychological stress and must be over 18 years of age.

## Assessment

The theory assessment consists of multiple choice and short answer questions. The practical assessment will require Learners to demonstrate the ability to respond in an emergency, apply identified first aid procedures including CPR and use of an AED, communicate details of the incident and evaluation of own performance. Management of bleeding and fractures including spinal injuries, acute respiratory and airway conditions, acute medical conditions and acute medical injuries.

## Language, Literacy and Numeracy

There are specific language, literacy and numeracy requirements for some of the content of this course, to be deemed competent learners must be able to:

- Read and correctly interpret required documentation relevant to the assessment and management of injuries/illnesses
- Speak clearly and unambiguously in English
- Explain, describe and verify sometimes complex needs and issues

Writing is required to the level of completing workplace forms and producing the required reports.